



Royal College of  
Obstetricians and  
Gynaecologists

Setting standards to improve women's health

Register  
on-line today at  
[www.rcog.org.uk/meetings](http://www.rcog.org.uk/meetings)

# Psychiatric Disease in Pregnancy

Friday 19 September 2008

## Why Attend?

- **Appreciate** the growing importance of psychiatric illness as a cause of maternal morbidity and mortality
- **Learn** practical skills such as how to recognise depression, and how to counsel a pregnant woman
- **Listen** to the latest updates on psychotropic drugs in pregnancy
- **Hear** the most recent evidence on alcohol and drug abuse in pregnancy
- **Consider** the legal issues around psychiatric disorders in pregnancy
- **Issues** in the development of perinatal mental health services
- **You may claim** a maximum of 6 CPD credits in category E/1 for full attendance at this meeting

## Who Should Attend?

- Senior and junior obstetricians
- Senior and junior psychiatrists
- Midwives
- General practitioners
- Psychiatric nurses
- Counsellors
- Social workers

Venue: Royal College of Obstetricians and Gynaecologists, London

REGISTERED CHARITY NO. 213280

## OVERVIEW

This meeting is aimed at all health professionals who care for pregnant women. This includes senior and junior obstetricians, psychiatrists, midwives, general practitioners, psychiatric nurses, counsellors and social workers.

The lectures will be a mix of theory and practical advice, with topics ranging from psychiatric drugs in pregnancy to debriefing after childbirth. Lectures will be delivered by clinicians from a range of disciplines, reflecting the multidisciplinary approach needed to care for these women.

**Course Organisers:** Mr Patrick O'Brien FRCOG, London  
Dr Elizabeth McDonald MD, London  
Dr Asma Khalil MB BCh, London

**Convenor of Meetings:** Professor Jane E Norman FRCOG, Glasgow

## PROGRAMME

### Friday 19 September

9.00am **REGISTRATION and REFRESHMENTS**

#### SESSION I

*Chair: Mr Patrick O'Brien, Consultant Obstetrician, Department of Obstetrics and Gynaecology, University College London Hospitals; NICE Guideline Development Group on Antenatal and Postnatal Mental Health*

9.30am **Welcome and introduction**  
Mr Patrick O'Brien

9.40am **Psychiatric causes of maternal death**  
Dr Margaret Oates, Consultant Perinatal Psychiatrist, Clinical Director, East Midlands Perinatal Medical Health, Manager Clinical Network, Nottinghamshire Healthcare Trust

10.10am **Affective disorders in the perinatal period**  
Dr Ian Jones, Senior Lecturer in Perinatal Psychiatry, Psychological Medicine, Cardiff University

11.00am **Discussion**

11.15am **REFRESHMENTS**

#### SESSION II

*Chair: Dr Elizabeth McDonald, Perinatal Psychiatrist, Department of Psychiatry, Homerton University Hospital, London; NICE Guideline Development Group on Antenatal and Postnatal Mental Health*

11.35am **Substance misuse in pregnancy**  
Dr Judith Myles, Senior Lecturer/Consultant Psychiatrist Clinical Lead – Addictions, South West London and St George's Mental NHS Trust, Course Director PG Dip/MSc Addictive Behaviour, London

12.05pm **The role of the midwife in the care of women with serious mental illness**  
Ms Yana Richens, Joint Editor in Chief, British Journal of Midwifery; Consultant Midwife, University College London Hospitals, Member of the NICE Guideline Development Group on Antenatal and Postnatal Mental Health

12.45pm **Discussion**

1.00pm **LUNCH**

### SESSION III

*Chair: Mr Patrick O'Brien*

2.00pm **Development of an integrated care pathway for perinatal mental health**  
Dr Alain Gregoire, Consultant/Honorary Senior Lecturer in Perinatal Psychiatry, Perinatal Mental Health Service, Hampshire Partnership NHS Trust, Southampton

2.30pm **Psychiatric drugs in pregnancy**  
Dr Elizabeth McDonald

3.10pm **REFRESHMENTS**

### SESSION IV

*Chair: Mr Patrick O'Brien*

3.25pm **Eating disorders in pregnancy**  
TBC

3.55pm **Care Service Improvement Partnership (CSIP)**  
TBC

4.15pm **Oral Presentation of prize-winning abstracts**  
Prize winners

4.40pm **Panel Discussion on the role of the obstetrician and midwife in the management of women with psychiatric disorders**

5.00pm **CLOSE of MEETING**

Register on-line today at [www.rcog.org.uk/meetings](http://www.rcog.org.uk/meetings)

Alternatively complete the attached Registration Form

# CALL FOR PAPERS

for

## Psychiatric Disease in Pregnancy

Friday 19 September 2008

*Venue:* RCOG, London

Have you undertaken an interesting audit,  
research project or case report?

*Abstracts are invited for:*

- *Oral presentation (10 minutes)*
- *Poster presentation*

Applications from junior trainees are especially invited and this is a great chance for you to gain presentation experience.

**There will be prizes for the best presentations.**

Abstracts should be submitted on an official abstract form.

An abstract submission form with instructions will be sent to all registrants; additional forms can be obtained from:

Conference Office  
Royal College of Obstetricians and Gynaecologists  
27 Sussex Place, Regent's Park  
London NW1 4RG

T: 020 7772 6279 E: [cbriant@rcog.org.uk](mailto:cbriant@rcog.org.uk)

or from the web at [www.rcog.org.uk/meetings](http://www.rcog.org.uk/meetings)

**CLOSING DATE: 4.00pm on Friday 18 July 2008**

*The College **will not** be able to reimburse any expenses incurred as a result of attending the meeting.*

*Successful presenters **will not** be exempt from payment of the meetings registration fee.*

# Sponsorship and Exhibitor Opportunities

There are a wide range of sponsorship and exhibition opportunities available for this meeting, from sponsorship of the entire meeting, through to exhibition stands.

With interest high for exhibition stands at RCOG events stands are allocated on a first come first served basis.

Please contact the conference office for further information and to discuss the packages available:

**Tel: 0207 772 6281**

**Email: [agomes@rcog.org.uk](mailto:agomes@rcog.org.uk)**

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## REGISTRATION FORM

### Psychiatric Disease in Pregnancy

Friday 19 September 2008

Please read the section on **General Information and Terms and Conditions** on the rear of this brochure before completing this form

Registration Fee  £185 (£157.45 + VAT) on or before 25/07/08  
(Please tick as appropriate)  £235 (£200.00 + VAT) after 25/07/08

M9508

I agree to the terms and conditions on the back of this brochure (please tick this box)

Signature..... Date.....

### PERSONAL DETAILS

Title (Prof/Mr/Mrs/Ms/Dr/etc) \_\_\_\_\_

Surname \_\_\_\_\_

Forename(s) \_\_\_\_\_

Sex  M  F RCOG Registration No.   
(if applicable)

FRCOG  MRCOG  DRCOG  Retired Fellow/Member  Other

Post \_\_\_\_\_

Department \_\_\_\_\_

Hospital \_\_\_\_\_

Address for correspondence \_\_\_\_\_  
(BLOCK CAPITALS PLEASE)

Town \_\_\_\_\_

County \_\_\_\_\_ Postcode \_\_\_\_\_

Country (if not UK) \_\_\_\_\_

Is this your work address?  yes  no

I do not wish my hospital details to appear on the list of participants to be circulated at the conference

continued overleaf



# REGISTER TODAY



[www.rcog.org.uk/meetings](http://www.rcog.org.uk/meetings)

Fax: 020 7772 6388

## Conference Office

Royal College of Obstetricians and Gynaecologists  
27 Sussex Place, Regent's Park, London NW1 4RG

## GENERAL INFORMATION and TERMS AND CONDITIONS

### Venue

RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG. Tel: 020 7772 6200

*Train:* Marylebone Station - 10 minutes walk

*Underground:* Baker Street - 10 minutes walk

*Parking:* Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road, Tel: 0870 242 7144 for further information.

### Fee and payment

The registration fee is £185 (£157.45 + VAT) for all registrations postmarked before or on Friday 25 July 2008 and thereafter is £235 (£200.00 + VAT). All retired Fellows and Members of the RCOG are entitled to a 50% discount in the registration fee (please state if you are retired at the time of booking). The fee includes coffee, lunch, tea and admission to the lectures, any technical exhibition and drinks reception (where applicable) *for the registrant only*. You will receive confirmation of your registration within 14 days of receipt of your payment at the conference office. **Please note that you are not guaranteed a place until you receive this confirmation.** If applying after Friday 25 July 2008, you should telephone 020 7772 6245 to confirm that a place is available before posting your application form and payment.

Payment may be made by credit card using the form overleaf or via our website at [www.rcog.org.uk/meetings](http://www.rcog.org.uk/meetings) or by cheque made payable to "R.C.O.G." Payments from abroad should be by international bankers draft or money order in sterling. Payment in other currencies will not be accepted.

### Cancellations

Cancellations must be received in writing by Friday 5 September 2008 before the event and be accompanied by a copy of your registration confirmation letter and receipt. An administrative charge of £10 will be made on all cancellations received before or on Friday 5 September 2008. The College cannot refund fees after this date. Cancellations will be processed after the conference. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any delegate travel and/or accommodation costs that have already

been incurred by the delegate, or any administration charges relating to cancellation of travel tickets or accommodation.

### CPD

You may claim a maximum of 6 CPD credits in category E/1 for full attendance at this meeting. Certificates of attendance will be provided as required.

*This information is correct at the time of printing as in view of the forthcoming revalidation process, there may be changes to the CPD programme in the future.*

### Data Protection Act

The details you provide on this form will be held and processed electronically in order to administer your registration. Your name, department, hospital name and town will be included on the list of participants that will be issued to delegates, speakers, sponsoring companies and other interested parties.

We will keep your contact details on record in order to inform you of future RCOG conferences and courses. If you do not wish your details to be used in this manner, please tick the appropriate boxes on the registration form.

### Accommodation B&B

The following agencies specialise in reasonably priced private accommodation for medical professionals:

Housecalls Tel: 020 8742 7057

[www.house-calls.co.uk](http://www.house-calls.co.uk) (From £26-£38/night)

Doctor in the House Tel: 020 8870 5949

[www.doctorhouse.co.uk](http://www.doctorhouse.co.uk) (From £42/night)

### HOTELS

Hotel Reservations can be made by calling The Corporate Team on Tel: 020 7828 1075, website [www.corporateteam.com/events/0150OG](http://www.corporateteam.com/events/0150OG), quoting ID Number 0150 OG in order to secure special rates. (From £65/night)

Danubius Regents Park, Lodge Road, London NW8  
Tel: 020 7722 7722

£115 per night for a single room. You must ask for this special RCOG rate when booking your accommodation.