



## **Mental Health needs of Children and Young People with Learning Disabilities**

**A three-day course on  
working with children and  
young people with learning  
disabilities and mental  
health needs.**

**25 - 27 November 2009**

**To be held at  
Heaton Mount  
Bradford**



# Mental Health needs of Children and Young People with Learning Disabilities

25 - 27 November 2009

This three-day course focuses on the policy and practice about the mental health needs of children and young people with learning disabilities. Participants will explore the knowledge base of mental health issues of children and young people with learning disabilities, practice assessment tools, work on case studies covering assessment, intervention and service development issues.

This course aims to enable participants to analyse and reflect on current practice and explore ways of improving their own practice and service.

## WHO SHOULD ATTEND?

This is a course for health and social care practitioners working with children and young people with learning disabilities.

- Anyone who wants to learn more about the mental health needs of children and young people with learning disabilities
- Professionals from Child and Adolescent Mental Health Services
- Health and Social Care Service Providers and Service Managers and Commissioners

## PARTICIPANTS WILL LEARN ABOUT:

- Policy and practice in children and young people services
- Mental health needs of children and young people with learning disabilities
- Assessment approaches
- Therapeutic interventions
- Specific health conditions
- Cultural diversity and competence
- Service development

This course will also provide an excellent opportunity to network and share good practice.

## Course Programme

Day One	Day Two	Day Three
<ul style="list-style-type: none"><li>■ Policy and practice</li><li>■ Mental health needs</li><li>■ Transition and social networks</li><li>■ Assessment approaches</li></ul>	<ul style="list-style-type: none"><li>■ Assessment and diagnosis</li><li>■ Learning disability and Autism Spectrum Disorders</li><li>■ Services for children with Learning Disabilities</li><li>■ Ethical issues</li><li>■ Group work</li></ul>	<ul style="list-style-type: none"><li>■ Movement related mental health issues</li><li>■ Cultural perspectives</li><li>■ Service issues</li><li>■ Group work</li></ul>

### COURSE TIMES AND VENUE

This course will run from approximately 9.00 am to 5.00 pm each day. Places are limited to 30.

Heaton Mount is part of the University of Bradford's School of Management campus, which is situated about two miles north of the city centre. Full joining instructions will be sent to registered participants.

**Please note that overnight accommodation may be available at the venue. Contact Heaton Mount direct on (01274) 234485. If you require details of other local hotels please visit <http://www.visitbradford.com/accommodation/>**

Participants are responsible for booking their overnight accommodation and this is not included in the course fee.

### FEE AND BOOKING

The course fee is £460 per person, inclusive of lunches, refreshments and course materials. Please send completed booking forms to: Events Bradford, Norcroft Centre, University of Bradford, Bradford, West Yorkshire, BD7 1DP

**Full payment must be received prior to the course.**

Enquiries about booking should be directed to Events Bradford:  
Tel: (01274) 233217/6  
Fax: (01274) 233218  
Email: [events@bradford.ac.uk](mailto:events@bradford.ac.uk)

Enquiries about the content should be directed to: Raghu Raghavan, School of Health, Community and Education Studies, Northumbria University, Coach Lane Campus East, Benton Newcastle upon Tyne, NE7 7XA  
Email: [raghu.raghavan@northumbria.ac.uk](mailto:raghu.raghavan@northumbria.ac.uk)  
Tel: (0191) 2156093

### CANCELLATION CONDITIONS

Cancellation of places must be made in writing to Events Bradford (faxes and e-mail accepted). Cancellations received between 30 October and 13 November will be subject to an administrative charge of 25% of the fee. For cancellations received after 13 November, or for non-attendance on the day, the full fee will be payable.

We reserve the right to cancel the course if necessary, eg failure to recruit minimum number, in which case our liability will be limited to refund of fees.



It is reported that approximately one third of a million young people in the UK has learning disabilities and of these about 40% develop mental health problems. Many children and young people with learning disabilities and their families experience severe problems in receiving adequate therapeutic services.

This new short course on the mental health needs of children and young people with learning disabilities will explore the policy and service perspectives for children and young people with learning disabilities who have additional mental health needs.

**MENTAL HEALTH NEEDS OF CHILDREN  
AND YOUNG PEOPLE WITH LEARNING DISABILITIES  
25-27 NOVEMBER 2009**

**BOOKING FORM**

Title..... First Name..... Surname/Family name.....

Organisation/place of work .....

Job Title/Position .....

Qualifications (professional/academic).....

Address .....

..... Postcode .....

Daytime telephone ..... Fax number .....

e-mail: .....

Course fee: £460 (includes lunch, refreshments and course materials)

I enclose a cheque for £..... made payable to 'University of Bradford'

I wish to pay by credit card (please do not give credit card details on this form. Instructions on to how to pay will be sent with acknowledgement of booking).

I would like details of overnight accommodation

Please indicate any requirements regarding diet, access, communication etc:.....

Please tick if you would like to be contacted regarding the above requirements

Signed ..... Date .....

Return to: Events Bradford, Norcroft Centre, University of Bradford, Bradford, West Yorkshire BD7 1DP

# ABOUT THE SPEAKERS

**Dr Raghu Raghavan** is a Reader at the School of Health, Community and Education Studies at Northumbria University, Newcastle upon Tyne. He has worked with people with learning disabilities with behaviour and mental health needs. His academic and research interests include transition and social networks, mental health needs of young people and adults with learning disabilities, ethnicity, carer perspectives, needs assessment and service models.

**Dr Sarah Bernard** has been a consultant psychiatrist in child and adolescent learning disability for 14 years. She leads the tier 4 national/specialist outpatient service at the Maudsley Hospital. Sarah's particular areas of interest include rare genetic disorders associated with learning disability, epilepsy and learning disability, service development and assessment of parenting ability in parents with LD. She is one of four "Champions of child LD services" in London. She is also a member of the examinations sub committee of the Royal College of Psychiatrists.

**Dr David Simms** is a child and adolescent psychiatrist working in Bradford CAMHS as a specialist in learning disability and autistic spectrum conditions. He works closely with multi agency colleagues, especially with specialist social services to provide a service to keep the most challenging young people with in Bradford. He coordinates the regional academic programme for trainee child and adolescent psychiatrists. He has contributed to various academic programmes in the Yorkshire region and also conducted training for mental health professionals in Nepal.

**Jill Davis** is the research programme manager for the Foundation for People with Learning Disabilities (FPLD). She has a background in learning disability nursing and has worked with children with challenging behaviour and mental health problems. At the FPLD, Jill managed a research programme called Making Us Count, consulting with children and young people to get their views on CAMHS, co-running action learning sets to support more inclusive CAMHS and managing a project called What about us? which is addressing the needs of pupils with learning disabilities attending mainstream secondary schools. She also developed a Family Support Service for children with autism at Bromley Autistic Trust in Kent.

**Dr. Jane McCarthy** is a consultant psychiatrist with the Mental Health in Learning Disabilities Service, South London & Maudsley NHS Foundation Trust, Visiting Research Associate and Director for Research & Development at Estia Centre, Institute of Psychiatry, UK. She has worked as a senior clinician in intellectual disability services across England including child, adolescent and adult services. Her main areas of research are the mental health needs of people with intellectual disability, Down syndrome and those with autism spectrum disorders. She is an elected member on the Executive Committees of the Learning Disability Faculty of the Royal College of Psychiatrists and President of Intellectual Forum of Royal Society of Medicine.

**Please provide three reasons for attending this course:**

1..... ..... .....
2..... ..... .....
3..... ..... .....

This leaflet will be made available in large print, in Braille or on Audio if requested. Please contact Events Bradford for details.