



Sourcing the Pilot Infant Measures

CARE-Index

- This assesses mother-infant interaction from 0-2 years based on a short, videotaped play interaction of 3-5 minutes
- Tapes are then coded by trained coders (5 day training course)
- Those interested in being trained can email Dr Crittenden: pmcrittenden@worldnet.att.net or visit the website: <http://www.patcrittenden.com/care-index.html>

KIPS (Keys to Interactive Parenting Scale)

- This assesses parent-infant interaction based on a 20 minute videotaping
- 12 behaviours are scored by trained scorers
- The website is: <http://www.comfortconsults.com/kips.htm>
- KIPS needs to be ordered from the website: <http://www.comfortconsults.com/KIPSOOrderForm.php>
- Training can be set up online (available as a one month subscription): <http://www.comfortconsults.com/kipstraining.htm>

Emotional Availability Scales

- These are manuals which require the practitioner to be trained (distance/online training only)
- The manuals can only be obtained through training, which is available online: <http://www.emotionalavailability.com/products/>

P.O. Svanberg's Rating Scale

- This measure is still in development, P.O plans to work on this as a priority from March 2010

ASQ-SE (Ages and Stages Questionnaire)

- 8 parent completed questionnaires, to be completed at different ages
- Each member site will need to purchase an ASQ-SE pack, which includes a manual and copies of the measures. These can then be photocopied as many times as the service needs them. For more information, the ASQ-SE website is: <http://www.pbrooks.com/store/books/squires-asqse/index.htm>





Bayley Scales of Infant Development (BSID)

- The test takes 45–60 minutes to complete
- It is administered by practitioners specifically trained in BSID test procedures
- The examiner presents a series of test materials to the child and observes the child's responses and behaviours
- The kit required can be bought from the publishers:
<http://www.psychcorp.co.uk/product.aspx?n=1315&s=1333&cat=1392&skey=3231&gclid=CLyZvP2p3Z4CFVBd4wodTC6EIA>

EPDS (Edinburgh Postnatal Depression Scale)

- This is a self report measure, completed at regular intervals after the birth
- We have a PDF copy of the measure, along with scoring instructions (2nd page of measure). Please email us for more information corc@annafreud.org

BPRS (Brief Psychiatric Rating Scale)

- This can be sourced from <http://www.priory.com/psych/bprs.htm>
- Scoring instructions can be found here:
http://www.psych.uic.edu/csp/facilities/rating%20scales/BPRS_Instructs%5B1%5D.pdf

Kessler-10

- The Kessler-10 can be downloaded free from here:
http://www.hcp.med.harvard.edu/ncs/k6_scales.php
- Scoring information is also available on the webpage above

EFQ (Everyday Feelings Questionnaire)

- The EFQ can be downloaded from here: <http://www.youthinmind.net/EFQ/>
- Downloadable versions of the measure, along with scoring information will be published in February 2010

Please note that this is our current advice at the time of producing this document, but that we are always reviewing our guidance and approach in light of the latest academic research and advice.

