



Making every child matter ... everywhere

Understanding Mentally Disordered Sex Offenders

A One Day Conference

Thursday 15 July 2010

The CEOP Centre, Pimlico, London



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**For too long we have swept the problems of mental illness under the carpet ...
and hoped that they would go away.**

Richard J. Codey, US Politician

Introduction

Sexual offenders with a mental disorder are often poorly understood outside of the mental health system yet they are present throughout the Criminal Justice system and in the community.

Researchers have described this group as “categorically awkward” – are they offenders with a mental disorder or are they people with a mental disorder who have committed sexual offences? Or are they both? Whilst this may seem a little pedantic, it is an important distinction particularly in terms of how these individuals are treated by our protective, judicial and health institutions. Should they be in hospital, a secure unit, prison or indeed, the community?

Identifying an offender who has a mental disorder and then dealing with the repercussions of their offences, is a challenge faced by a multitude of professionals working in child protection, health and the criminal justice system. Effectively protecting children from sexual abuse and managing the risks that this population presents needs to be the responsibility of all relevant public protection agencies.

Indeed, by better understanding how mental disorders can be a factor in some child abuse cases, investigators, social workers, prison and probation officers alike can be better prepared to intervene with confidence and propose effective strategies for dealing with these offenders and the risk that they pose to children.

This conference will bring together psychologists, psychiatrists and therapists to help delegates better understand how mental disorders can be factor in some cases involving child sexual abuse and give practical advice and guidance into how to deal with this particular group of child sex offenders.

The aim of the conference

This one day conference will provide delegates with information on mental disorders and how this can impact on the assessment, disposal, treatment and management of mentally disordered sex offenders (MDSOs).

Benefits to the delegate

Delegates will:

- gain a greater understanding of mental disorder;
- gain a greater understanding of the part the Mental Health System plays within the Criminal Justice System;
- gain a greater understanding of how mental disorder impacts on sex offending;
- consider how all relevant agencies can contribute to child protection through effective management of mentally disordered sex offenders; and
- consider strategies for working with mentally disordered sex offenders.



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Agenda

- 09:00 **Registration**
- 09:30 **Welcome**
- 09:45 **Introduction**
*Jo Hebb, Sexual Crime Consultant and Sexuality Service Coordinator,
Advances in Public and Child Protection and Partnerships in Care*
- 10.00 **A Brief Overview of Mental Illness**
*Dr Clare Young, Clinical Psychologist
Partnerships in Care*
- 10.30 **Personality Disorders**
*Joanne Muirhead, Clinical Psychologist
Partnerships in Care*
- 11.00 **Break**
- 11.30 **Learning Disability and Autism**
*Dr Tony Kearns, Psychiatrist
Partnerships in Care*
- 12.00 **An Overview of the Mental Health Act and System and How it Fits into the Criminal Justice and Post Discharge Management Systems**
*Paul Winstanley, Specialist Therapist
Partnerships in Care*
- 12.30 **Lunch**
- 13.30 **Mental Disorder and Sexual Offending**
*Jo Hebb, Sexual Crime Consultant and Sexuality Service Coordinator,
Advances in Public and Child Protection and Partnerships in Care*
- 14.00 **Managing Pathways from secure conditions to the community**
Dr Jaya Balakrishna, Herts NHS
- 14.30 **Case examples; exploring how mental disorder impacts on the assessment and treatment of mental disorder**
- 14.45 **Break**
- 15.15 **Case Examples Feedback**
All presenters
- 15.45 **Open Forum Discussion**
All key note speakers
- 16.00 **Close**



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Key Note Speakers

Jo Hebb CQSW, AASW, BSc, MSc

Jo Hebb is a qualified Social Worker she has a Bachelor's degree in Forensic Mental Health Care and her Master's degree in the Assessment and Treatment of Sex Offenders. She has a certificate of competence in occupational testing levels A and B from the British Psychological Society and has undertaken a number of training courses in the delivery, scoring and interpretation of psychometric tests relevant to this client group. She is trained in delivery of the Ministry of Justice core and adapted sex offender programmes. Her experience of risk and needs assessment and the treatment of sexual offenders within both community and secure settings spans nearly 20 years. She has held her current post of Sexuality Service Coordinator since 2001 during which time she has been responsible for the development, delivery and evaluation of all the sexual behaviour management programmes that run across the Kneesworth House Hospital site. She regularly speaks at national and international conferences and has publications in this field. Since 2000 she has regularly acted as a consultant to both public and child protection agencies in respect of sexual crime.

Dr Clare Young BSc, MSc, Clin.Psy.D

Clare is a chartered clinical psychologist who qualified from the University of East Anglia in 2008 following completion of her Masters Degree in Forensic Psychology at the University of Kent in 2005. She has worked for Partnerships in Care since 2008 within the male mental illness service. Clare's areas of interest include functions of behaviour and the impact of problematic development on cognitive appraisals and bias. She also has a specialist interest in staff attributions and emotions, and the interface between these and care provision. She has written two papers on clinical helping behaviour.

Iain Sunter

Iain Sunter is a Psychotherapist who works for PIC as a Clinical Specialist for Personality Disorders. He is originally from a nursing background, but trained as a Psychotherapist in the NHS, where he worked for 13 years as a Psychotherapist in a Psychotherapy Department/Community. For the last ten years has worked as a Psychotherapist in the private sector working in Groups and Individually with patients who are detained under the Mental Health Act. His position also entails both teaching and supervising staff and the day to day running of Psychotherapy in the Personality Disorder Service at Kneesworth House Hospital.

Dr Anthony Kearns

Dr Anthony Kearns is a consultant forensic psychiatrist in learning disability at Kneesworth House Hospital in Royston, part of the Partnerships in Care healthcare group. He is a fellow of the Royal College of Psychiatrists. He previously worked in the NHS at North London Forensic Service, where he was responsible for establishing one of the first NHS medium secure services for people with learning disabilities, and as a senior lecturer at the Royal Free and University College Hospital School of Medicine. His teaching commitments have included supervision and training of junior and senior psychiatric postgraduate trainees, and lecturing to medical students, nursing staff, police and social services. He was a visiting consultant forensic psychiatrist to HMP Pentonville for ten years and a member of the Highbury psychiatric court diversion scheme. His academic work has included research on Fragile X syndrome, detained learning disabled patients, offenders with Asperger's syndrome (with colleagues from Cambridge University), fitness to plead in learning disability and service provision for mild and borderline learning disabled offenders with complex needs. He has been a member on a number of special inquiry panels, including work with the Health Service Ombudsman.

Paul Winstanley M.A. Social Work, Dip. S.W

Paul Winstanley is a qualified Social Worker with additional qualifications in applied psychology including a Masters degree in the Assessment and Treatment of Sex Offenders gained at Leicester University. Paul has over twenty years of experience in the health and social care field. The last 15 years have included risk assessment and needs appraisal of mentally disordered offenders within both community and secure hospital settings. He has worked with individuals with mental illness, personality disorder, learning disability and Autistic Spectrum Disorders. As well as delivering regular staff training, Paul currently facilitates several Sex Offender Treatment Programmes as well as other groups and individual work in his role as Specialist Therapist at Kneesworth House Hospital.



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Conference Presenters

Claire Binks *Bsc, MSc*

Claire is a Trainee Clinical Psychologist who is in the process of completing her Doctorate in Clinical Psychology at Salomons (Canterbury Christ Church University). Prior to that Claire completed an MSc in Forensic Psychology at the University of Leicester in 2002. She recently joined Partnerships in Care in March 2010 within the male mental illness supported recovery service, and previously worked for the company between 2003 and 2006. She has experience of delivering sex offender treatment programmes to mentally disordered offenders and of delivering staff training related to sexuality and problematic sexual behaviour. She is now involved in delivering a schema focused therapy group to mentally disordered sex offenders. Claire is interested in applying recovery approaches to forensic mental health settings and the role of reflective practice groups in training effective clinicians. She has published systematic reviews of psychological and pharmacological treatments for borderline personality disorder.

Mark Valentine

Mark is a learning disability nurse and is a team leader on the Learning Disability Service at Kneesworth House Hospital. He has worked for PiC for 15 years. He plays an integral part in the assessment and treatment of sexual offenders across the service. He supervises and trains staff in respect of sexually abusive behaviours in individuals with a learning disability. He also trains staff working in other child protection agencies in respect of sexuality and problematic sexual behaviour.



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Who should attend

This conference is open to any organisation and professionals involved in dealing with child sexual abuse who come or may come into contact with mentally disordered sexual offenders. This will include:

- psychologists;
- therapists;
- police officers;
- probation officers;
- social workers;
- prison officers;
- mental health professionals;
- MAPPA members;
- local safeguarding board members;
- charitable child protection agencies; and
- any professionals who manage mentally disordered sex offenders in the community or within the justice system.

Delegate criteria and cost

There is a delegate fee of £195 per person which includes lunch and refreshments throughout the day.

How to make a booking

Make a reservation online

Visit www.ceop.police.uk/training and complete the online booking form and one of the Professional Development Team will confirm your place(s) on the conference.

Send an email

Email the Professional Development Team at training@ceop.gov.uk with your name, organisation, position, contact details and details of a billing contact. The Professional Development Team will then confirm your place on the conference.

For more information

Call 020 7238 2315/2372 and speak to the Professional Development Team.

There are a limited number of places and you are recommended to book at your earliest opportunity

