



**University of Salford**  
A Greater Manchester University



# MSc/PGDip Child and Adolescent Mental Health

*"Empower children, young people and families"*



# MSc/PGDip Child and Adolescent Mental Health

Designed in conjunction with Child and Adolescent Mental Health Service (CAMHS) practitioners, this part-time programme responds to the needs and career aspirations of Primary Mental Health Care Workers and experienced professionals working in CAMHS and related services. You will explore:

- > A range of therapeutic interventions, policy, legal and ethical issues
- > How you can empower children, young people and families
- > The rights of the child and young person and the complexities of working in the practice situation
- > Inter-agency and inter-professional working
- > Leadership and change within the workplace

## Entry requirements

- > At least three years full-time (or part-time equivalent) working in CAMHS or related services
- > A registered practitioner, or working at that level in CAMHS and CAMHS related services
- > A first degree
- > We welcome applications from students with alternative qualifications and/or significant relevant experience, subject to approval through a process of Accreditation of Prior Learning (APL)
- > International students must provide evidence of proficiency in English - IELTS 6.5 band score or a score of TOEFL at 575 or above (232 computer based) with a TWE of 4.0 or above are proof of this

## Programme content

**Post Graduate Diploma:** Two years, part-time 'block' attendance commencing September or February

**Progression to MSc:** Additional 1 year part-time attendance undertaking dissertation module

To complete the full Masters programme, you will need to undertake 4 compulsory modules and a dissertation. Each module has been mapped against the NHS Knowledge and Skills Framework and will develop your skills in independent learning, critical thinking and reflection:

## CAMHS Concepts and Theories

- > Theories of child development.
- > Therapeutic approaches/interventions in Child and Adolescent Mental Health
- > Specific childhood disorders including: depression and emotional problems, eating disorders, conduct disorders, ADHD, ASD, self harming
- > Anti-oppressive issues such as race and culture, learning disability, gender, disability and age
- > Social, psychological, biological, environmental and 'race' and cultural influences on mental health and distress of children and young people
- > Mental health promotion in CAMHS

*"The knowledge and skills you acquire on this course will enrich the lives of children, young people and families in your care"*

*“A programme that understands and acknowledges the potential for oppressive practice and how this can impact on service delivery for children, young people and families”*

### **CAMHS Frameworks for Practice**

- > Service delivery in CAMHS and related services
- > Anti-oppressive practice and challenging in health and social care
- > Multi-agency and multi-professional learning and working
- > Legal and ethical issues in work with children and families where mental distress is occurring
- > Working with families
- > Planning and consultation
- > Supervision skills
- > Assessment processes for children and young people experiencing mental distress
- > Child protection
- > Adult mental health as it impacts on children and families
- > User involvement in service delivery
- > Children's Rights

### **Research Methods**

- > Develop a rigorous approach to the process of research
- > Provides you with ideal preparation to complete your dissertation/ research project

### **What you can expect from Salford**

Our programmes are delivered by teams of dynamic and supportive staff who are committed to helping you move professional practice forward. We have a strong tradition of working closely with local and national organisations and this ensures the programme will meet your needs.

#### **Funding:**

Students may self-fund or be wholly or partially funded by their employers.

#### **How to Apply?**

Applications are made direct to the University. You might find it useful to have an informal chat with the programme leader in the first instance.



## Links to NHS Knowledge and Skills Framework

**Please note:** Students will have the opportunity to work towards specific indicators associated with a level for some dimensions of the NHS KSF Framework. The onus will be on the individual learner on how this is applied within their job role.

	CAMHS Concepts and Theories	CAMHS Frameworks for Practice	CAMHS Theory into Practice	Research Methods	Dissertation
<b>CORE DIMENSIONS</b>	<b>Up to KSF Level</b>				
1. Communication	4	4	4	4	4
2. Personal and people development	4	4	4	4	4
3. Health safety and security	4		4	4	4
4. Service improvement	4	4	4	4	4
5. Quality	4	4	4	4	4
6. Equality and diversity	4	4	4	4	4
<b>OTHER DIMENSIONS: Health and Wellbeing</b>					
1. Promotion of health and wellbeing and prevention of adverse effects on health and wellbeing	4	4	4	4	4
2. Assessment and care planning to meet health and wellbeing need	4	4	4		4
3. Protection of health and wellbeing	4	4	4		
4. Enablement to address health and wellbeing needs	4	4	4		
5. Provision of care to meet health and wellbeing needs	4	4	4		
6. Assessment and treatment planning	4	4	4		
7. Interventions and treatments	4	4	4		
8. Biomedical investigation and intervention					
9. Equipment and devices to meet health and wellbeing needs					4
10. Products to meet health and wellbeing needs					4
<b>Estates and Facilities</b>					
1. Systems, vehicles and equipment			4		
2. Environments and buildings					
3. Transport and logistics					
<b>Information and Knowledge</b>					
1. Information processing		4	4	4	4
2. Information collection and analysis	4	4	4	4	4
3. Knowledge and information resources	4	4	4	4	4
<b>General</b>					
1. General Learning and Development	4	4	4	4	4
2. Development and Innovation	3	4	4	4	4
3. Procurement and commissioning	4	4	4		
4. Financial management	4				
5. Services and project management	4	4	4	4	4
6. People management	4	4	4		
7. Capacity and capability	4	4	4		
8. Public relations and marketing	4	4	4		