

THE
DAKSHA
& FREYA
EMSON
FOURTH
ANNUAL
CONFERENCE



Perinatal Mental Health:
Motherhood & Apple Pie –
Dispelling the Myths

A one-day conference for all those interested
in Perinatal Mental Health

Friday 4th July 2008

South East Essex
Primary Care Trust



North Essex
Mental Health Partnership
NHS Trust



Anglia Ruskin
University

Anglia Ruskin University Conference Centre,
Michael A Ashcroft Building, Chelmsford, Essex

ABOUT THE CONFERENCE

Anglia Ruskin University in collaboration with North Essex Mental Health Partnership Trust and South East Essex Primary Care Trust are pleased to announce the fourth Daksha & Freya Emson Annual Conference entitled Perinatal Mental Health: Motherhood & Apple Pie – Dispelling the Myths.

This year the conference will address pertinent issues in the field of mental health by bringing participants up to date with new projects and research, to that end the conference is entitled “Motherhood & Apple Pie: Dispelling the Myths”.

SPEAKER INFORMATION

The speakers are national experts in their field. The speakers are:

CATHERINE LOWENHOFF (CHAIR)

Nurse Consultant, Perinatal & Infant Mental Health, North Essex Partnership Foundation NHS Trust

DR P.O. SVANBERG,

Consultant Clinical Psychologist, Psychology Lead:
FNP and CHPP Implementation Team, Department of Health

**FAMILY NURSE PARTNERSHIPS SPEAKERS: JO RUSHMAN, GINA ROTHWELL,
TERRY FULTON, CASSANDRA MOORE**

PETER THOMPSON

QNIC Programme Manager, Royal College of Psychiatrists’ Centre for Quality Improvement

LIZ WISE

PND Counsellor

DR LOUISE HOWARD MRCP MRCPsych PhD,

Senior Lecturer in Women’s Mental Health, Institute of Psychiatry

ALISON CORBETT

Service Manager/ Lead Nurse, Mother Infant Mental Health Service,
Kent Mental Health Partnership Trust

CONFERENCE PROGRAMME

08:45 REGISTRATION & REFRESHMENTS

09:20 WELCOME – CATHERINE LOWENHOFF

09:30 WHAT PROFESSIONALS NEED TO KNOW ABOUT MOTHER-INFANT
INTERACTION: THE SUNDERLAND INFANT PROGRAMME – DR P.O. SVANBERG

10:20 MENTAL HEALTH NEEDS OF YOUNG MOTHERS – FAMILY NURSE PARTNERSHIP

10:50 Q & A SESSION

11.00 REFRESHMENTS

11:30 MOTHERS DESERVE THE BEST: SETTING STANDARDS FOR PERINATAL MENTAL
HEALTH SERVICES – PETER THOMPSON

12:10 MOTHER KNOWS BEST: THE MOTHERS PERSPECTIVE – LIZ WISE

12:50 Q & A SESSION

13.00 LUNCH

14:00 PERINATAL MENTAL ILLNESS & PREGNANCY OUTCOME – DR LOUISE HOWARD

14:50 SETTING UP A MOTHER INFANT MENTAL HEALTH SERVICE: PATHWAYS INTO
MENTAL HEALTH – ALISON CORBETT

15:40 Q & A TO PANEL AND SUMMING UP

16.00 FINISH WITH TEA

CONFERENCE BOOKING

To book place(s), please complete and return the attached booking form to Events Team, Estates & Facilities, Anglia Ruskin University, Bishop Hall Lane, Chelmsford, Essex, CM1 1SQ. Telephone 0845 196 3163 or e-mail events@anglia.ac.uk

There is an early bird registration fee of £94.00 including VAT if booked before **23rd May 2008**. All delegate fees include refreshments, lunch and delegate pack.

After the 23rd May 2008 the registration fee will be £111.63 including VAT.

All delegates will be acknowledged by post/email. Cancellations must be made in writing and will be subject to an administration charge of £15.00 until **Friday 13th June 2008**, after which no refunds can be made. Closing date for applications – **Friday 13th June 2008**.

PLEASE USE BLOCK CAPITALS

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THE DATA PROTECTION ACT

We may wish to contact you in the future regarding other Anglia Ruskin University conferences. Please tick the box if you would like us to do this.

How did you find out about the conference?

Email

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Recommendation

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BOOKING DETAILS

Complete the form and return to the address below together with your payment
NO LATER THAN 13TH JUNE 2008. After this date, please contact the Events Team
to check availability of places.

All enquiries to be sent to:

Events Team
Estates & Facilities
Anglia Ruskin University
Bishop Hall Lane
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Essex, CM1 1SQ,

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