

AIMH (UK)

CLINICAL WORKSHOP SERIES:

‘KEEPING THE BABY IN MIND:

Working with mothers with mental health problems and their babies’

BY

Dr Susan Pawlby, Developmental Psychologist and Dr Trudi Seneviratne, Consultant Perinatal Psychiatrist from the Institute of Psychiatry, King’s College London and Channi Kumar Mother and Baby Unit, Bethlem Royal Hospital will lead a workshop on this very important topic.

Other contributors to the workshop will be Dr Rachel Mycroft, Clinical Psychologist, CMHT, Croydon; Deborah Page, Clinical Nurse Leader and Janice Rigby, Consultant Clinical Psychologist, MBU, Bethlem Royal Hospital.

ON

Saturday September 19th 10.00 am – 3.00 pm

(sandwiches and light refreshments included)

AT

The Tavistock Centre, 120 Belsize Lane, London NW3 5BA

Cost: £60 for non-members, (includes one years membership of AIMH (UK) – subject to eligibility) £45 for members

The workshop will focus on working with mothers with severe mental health problems in the perinatal period in hospital and community settings. Balancing the needs of both mother and baby is a dilemma often faced by clinicians working in the field of perinatal psychiatry. When does exposure to maternal mental illness pose a risk to the baby’s development? What is good-enough parenting? What are the factors that protect the baby against risk? How do we, as professionals, make these judgements? What support can we offer?

Use of tools including mother-infant videos to assess and enhance the care given to babies by mothers suffering from a mental illness (such as schizophrenia, bipolar disorder, postpartum psychosis, depression, OCD, personality disorder) will be discussed and participants will be given the opportunity to explore the use of such techniques with examples and practical guidelines.

There will also be an opportunity for a round table discussion with representatives from other mother and baby units.



**Places are limited so early application is recommended.
For an application form, please contact info@aimh.org.uk**