

training course

SHARE

SHARE
(Sexual Health and Relationships Education)

Training for Trainers event

A five-day training course to support the SHARE training resource



healthyliving



SHARE is a curriculum resource for professionals working with young people in S2-S4. It offers a comprehensive, evidence-based overview of sexual health and relationships education (SRE) and addresses the complexities that surround this subject.

Health Scotland is developing a network of trainers to prepare multi-disciplinary teams of teachers, health professionals and community workers to deliver SHARE training throughout Scotland. In order to help trainers use the resource effectively and enable them to explore the sensitive issues around sexual health and relationships that young people experience, Health Scotland is offering a five-day training workshop **free of charge** to successful applicants.

This is an opportunity to receive high quality training in exchange for a commitment to run SHARE training locally, as part of your professional responsibilities.

Participants on Training for Trainers

Delivery of SRE courses will support the implementation of Respect and Responsibility and provide young people in Scotland with the skills, knowledge and attitudes to develop positive sexual health and well-being. Through participation on the SHARE Training for Trainers course, all trainers are committing to deliver on this. Therefore potential participants will have to provide evidence of line management approval if they are successful in their application.

We are targeting Training for Trainers at those who have a remit for sexual health training. We realise that SRE happens in settings outside of schools and welcome applications from local authority staff, residential care workers, youth workers, health promotion staff, teachers, school nurses and trainers.

Selection will be based on evidence of the following:

- suitable professional experience and status to be credible as a trainer
- commitment to, and understanding of, sexual health work
- familiarity with participatory training methods and groupwork skills
- good communication skills
- comfort and confidence with issues surrounding sexuality
- availability to offer training, either locally or nationally.

To apply, you should be able to demonstrate that you have the following:

- a) experience with classroom delivery of SRE/SHARE
- b) experience of training relevant professional groups in relevant topics, issues and/or themes
- c) experience of groupwork skills, participatory methods and dealing with sensitive issues
- d) understanding of the issues young people face *and*
- e) commitment to delivering training with permission from your employer/line manager to deliver future SHARE training events.

To register your interest in the five-day workshop please complete the application form attached to this flier and send it to the address below by the date given. There will be a selection process after which all successful applicants will be notified and sent a more in-depth programme outline.

Participants will be selected according to the criteria above. Health Scotland is planning to recruit from all areas of Scotland. It is expected that all participants on the course will become trainers. However, it is possible that some applicants may be identified as not yet ready to take on this role. In this situation, feedback will be offered.

Training for Trainers course

Delivered in partnership with Healthy Respect, this course covers practical skills, knowledge, awareness and confidence. It will provide an overview of Health Scotland's recommended training materials (SHARE), and highlight learning from the National Health Demonstration Project – Healthy Respect.

Participants must attend and complete all five days of the training course to be acknowledged as a qualified SHARE trainer.

The dates are as follows:

Course 1:

9, 10, 11 October, 2007
and 13, 14 November 2007
Edinburgh Training and
Conference Venue
16 St. Mary's Street
Edinburgh, EH1 1SU

Course 2:

22, 23, 24 January 2008,
and 19, 20 February 2008
(venue to be confirmed)
Dundee

The primary aim is to prepare a core group of trainers to provide SHARE training for teachers, health professionals and community workers. In addition the course will prepare you to undertake other forms of training around SRE.

During the course participants will:

- be introduced to research evidence about the needs of young people, consider laws and guidance on SRE in Scotland and the role of teachers, health professionals and community workers in meeting young people's needs
- identify what is known about effective SRE in schools, and discuss appropriate models for use in schools
- explore knowledge, values, attitudes and skills around sexual issues, and how these may affect the way we work with others
- learn about the processes of groups and how to establish and maintain an effective working environment
- experience and evaluate the SHARE classroom materials and methodologies
- practise leading a group, and giving and receiving feedback on presentations.

The training will be participatory. Course members will be encouraged to become actively involved in individual, small group and plenary exercises, and in discussion; and to share their experience with others. There is an expectation that course members will commit themselves to attend the whole of the course, and to complete an inter-modular assignment.

Should the cost of travel and accommodation be prohibitive, please contact Health Scotland as assistance can be provided.

Applications

Please send your completed application form and address any enquiries to:

Evelyn Cranston
Project Administrator
Children & Young People's Team
Health Scotland
Woodburn House
Canaan Lane
Edinburgh EH10 4SG

Tel: 0131 536 5586
Email: SHARE@health.scot.nhs.uk

Application deadline for:

Course 1:
Monday 17 September, 2007

Course 2:
Friday 14 December, 2007

Sexual Health Training for Trainers (SHARE)

The information that you provide here will only be seen by those taking part in the selection procedure. Please provide as much detail as possible in your answers (continue on separate sheets of paper if needed). Selection will be based on the evidence given.

Application for (please tick):

Course 1: 9, 10, 11 October and 13, 14 November 2007

Course 2: 22, 23, 24 January and 19, 20 February 2008

Personal details

Surname _____

Forename(s) _____

Title _____

Organisation _____

Address and postcode _____

Tel. _____

email _____

Professional details

Job role _____

Continued overleaf



What knowledge and experience do you have that would support you as a SHARE trainer?

Describe any training or experience you have in delivering:

a) participatory methods

b) groupwork skills

c) dealing with sensitive issues

d) in multi-disciplinary settings and/or to multi-disciplinary groups
