



# WATCH, WAIT, AND WONDER ADVANCED

2008



1 DAY INTENSIVE WORKSHOP

Mirek Lojkasek

Ph.D., C.Psych

26 September 2008 ~ BATH

\* PREREQUISITE: Introductory workshop in Watch, Wait and Wonder \*

WATCH, WAIT, AND WONDER (WWW) IS AN INFANT/CHILD-LED FORM OF PSYCHOTHERAPY THAT AIMS TO INTERVENE IN THE MOTHER-INFANT RELATIONSHIP IN A WAY THAT FOSTERS THE DEVELOPMENT OF A SECURE RELATIONAL CONNECTION BETWEEN MOTHER AND INFANT/CHILD.



This advanced WWW workshop is for practitioners who have started to use WWW in their clinical practise. The workshop will focus on work with older children (age range 3-10). It will be an opportunity to bring work to the group for live supervision with Mirek. Numbers will be limited allowing for an informal atmosphere and in depth discussion.

## Educational goals

- Exploration of problems and issues that arise in WWW:
  - for the parent
  - for the child
  - for the therapist
- Process: Course of WWW Using Videotapes and Case Descriptions
- Integrating WWW into clinical practice
- An understanding of the therapeutic techniques that empower the child in relational psychotherapy
- A comparison of WWW with other common forms of dyadic therapy
- An opportunity to develop skills using Watch Wait and Wonder by practice in viewing parent-child interactions from an attachment perspective



### **Mirek Lojkasek, Ph.D., C.Psych.**

Mirek Lojkasek is a psychologist in Private Practice and Research Associate at the Hincks-Dellcrest Centre, and

Lecturer in the Department of Psychiatry, Faculty of Medicine, University of Toronto. Dr. Lojkasek has contributed to conceptualising and refining the practice of Watch, Wait and Wonder (WWW), and has co-authored the manual *Watch, Wait and Wonder: A manual describing a dyadic infant-led approach to problems in infancy and early childhood* (Muir, Lojkasek, & Cohen, 1999). He was also a co-principal investigator in a study which examined the outcome of the WWW model.

Dr. Lojkasek uses Watch, Wait and Wonder in his work with infants, children and their families. He has presented extensively on Watch, Wait and Wonder and other aspects of assessment and treatment of young children and their families, and supervises practitioners from all areas of mental health. Dr. Lojkasek conducts research on early parent-child relationships, attachment, developmental psychopathology, early interventions and psychotherapy.



#### LOCATION

The workshop is to be held at:

Bath Royal Literary and Scientific Institution  
16-18 Queen Square, BATH, Bath and North East  
Somerset, BA1 2HN

The building is situated on the west side  
of the square, in the centre of BATH.

[LINK TO STREETMAP](#)

## **Watch Wait and Wonder ADVANCED –** one day intensive workshop with **Mirek Lojkasek**

**Dates** 26 September 2008 – *full programme details to be confirmed.*

**Venue** Bath Royal literary and Scientific Institution  
16-18 Queen Square, BATH, Bath and North East Somerset, BA1 2HN

**Refreshments** Tea and coffee breaks, buffet lunch provided.

Special dietary requirements  *please give details*

.....

**Booking details** Please printout and complete the form and return to INCITE with payment.

First name ..... Surname .....

Position ..... Dept/Agency .....

Address .....

.....

..... Postcode .....

Tel ..... Email .....

**Cost** £110 (early bookings £90 before July 31) – includes refreshments and lunch.

**Payments** Please make cheques payable to 'Incite Training and Consultation' adding your booking code on the reverse. [PayPal](#) and other methods of payment can be found on the [website](#). Invoicing may be possible, but must be requested and confirmed via [admin@my-incite.co.uk](mailto:admin@my-incite.co.uk). Places will not be guaranteed until payment is received in full. Accommodation is not included.

**Cancellation** If you are unable to attend we can transfer your place to a colleague from the same organisation at no extra cost (providing we are notified before the day of the conference). Refund schedule: Full refund 60+ days prior to the training event; 50% refund 30+ days prior to the training event. No refunds within 30 days of event. Any refunds will be subject to an administration fee of £50.



Please return this completed form (or a photocopy) to:

**INCITE Training and Consultation**

PO Box 3037, Market Lavington, Devizes, Wiltshire, SN10 4WQ

Enquiries by email to: [admin@my-incite.co.uk](mailto:admin@my-incite.co.uk)